2024 April

Silver Lake Track & Field Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spring Break	2 School Begins	3 Be sure you are completely signed up and all of your "paperwork" is completed and turned into Mrs. Webster	4 Be sure you are completely signed up and all of your "paperwork" is completed and turned into Mrs. Webster	5 Be sure you are completely signed up and all of your "paperwork" is completed and turned into Mrs. Webster
8 Be sure you are completely signed up and all of your "paperwork" is completed and turned into Mrs. Webster	9 Practice Begins Meet In SLI Gym 300-430 Be Dressed In Layers (We Will Have Inside & Outside Practice)	10 Practice (300-430) Timing Of Running Events & Introduction Of Field Events	11 Practice (300-430) Timing Of Running Events & Introduction Of Field Events Ted Retreat	12 No Practice (Rest, Stretch & Light Running)
15 Practice (300-430) Timing Of Running Events & Introduction Of Field Events	16 Practice (300-430)	17 Practice (300-430)	18 Practice (300-430)	19 No Practice (Rest, Stretch & Light Running)
22 Practice (300-430)	23 Warm Up Track Meet All Athletes Oconomowoc HS Meet Begins At 4:00 PM Bus Leaves SLI At 3:00 PM No Return Bus / Pick Up At HS	24 Practice (300-430) Team Photos During Practice (Please Wear Your Track T-Shirt)	25 No Practice Celebration Of Learning	26 No Practice (Rest, Stretch & Light Running)
29 Practice (300-430)	30 Practice (300-430)			

Coaches:

- Ted Schmidt (schmidtt@oasd.org) 8th Grade Girls & Relay Race Hand-Offs, High Jump
- Matt Howe (Howem@oasd.org)
 8th Grade Boys & Long-Distance Runners, Shot Put, Discus
- Cindy Bourdo (<u>Bourdoc@oasd.org</u>) 7th Grade Girls & Middle-Distance Runners, Hurdles
- Mary Williams (Williamsm@oasd.org) 7th Grade Boys & Sprinters, Long Jump, Triple Jump

2024 May

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Updated: 1/27/24

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Monday	Tuesday	Wednesday	Thursday	Friday
		John Kyle Invitational 8th Grade Athletes Oconomowoc HS Meet Begins At 4:00 PM Bus Leaves SLI At 3:00 PM No Return Bus / Pick Up At HS	2 Butler Invitational 7 th Grade Only Waukesha North HS Meet Begins At 3:30 PM Bus Leaves SLI At 2:15 PM	3 No Practice (Rest, Stretch & Light Running)
6 Practice (300-430)	7 Home Quad Meet All Athletes Oconomowoc HS Meet Begins At 4:00 PM Bus Leaves At 3:00 PM No Return Bus / Pick Up At HS	8 Park View Relays Girls Only Mukwonago HS Meet Begins at 3:30 Bus Leaves SLI At 2:15 PM	9 Park View Relays Boys Only Mukwonago HS Meet Begins at 3:30 Bus Leaves SLI At 2:15 PM	10 No Practice (Rest, Stretch & Light Running)
13 No Practice Teacher Meeting	14 Practice (300-430)	Junior Parkland Conf All Athletes Oconomowoc HS Meet Begins At 4:00 PM Bus Leaves SLI At 3:00 PM No Return Bus / Pick Up At HS	16 8 th Grade Only Practice (300-430) Ted In Omaha	17 No Practice (Rest, Stretch & Light Running)
20 Wisconsin Hills Meet 8th Grade Only Brookfield Central HS Meet Begins at 3:30 Bus Leaves SLI At 2:15 PM	21 Season Is Over! Thanks For A Great Two Months!	22	23	24
27	28	29	30	31

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