

LIFE-READY

9th GRADE

Parent Information Guide



MESSAGE TO PARENTS

Dear Parent(s) / Guardian(s):

The Oconomowoc Area School District is focused on developing safe and welcoming learning environments for all students, while providing opportunities for individual students to develop the skills and habits to be **leading members of the community who are career and college ready**. In partnership with home and community, 4k-12th grade OASD learners will experience multiple opportunities to learn, develop, and practice Life-Ready skills and habits. Our OASD Graduate Profile defines the desired characteristics of an OASD graduate and also includes a focus on individuals embracing the importance of balancing various life aspects including academic, emotional, social, physical, and financial well-being, to lead a healthy and well-rounded life.

In developing learners who are college and career ready, we first assess Life-Ready skills, explicitly teach skills, provide opportunities to practice, and re-assess growth and/or further need of instruction and practice.

The Devereux Student Strengths Assessment (DESSA) High School Student Self Report (HS-SSR) taken in 9th and 10th grades helps students to better understand which Life-Ready skills they have already learned and which may still need to be developed. The DESSA (HS-SSR) evaluates life ready skills like persistence at challenging tasks, making good decisions, working well with others, and a variety of other skills that are included as desired characteristics of an OASD graduate in our Graduate Profile. School staff use information from DESSA for future planning and programming within the classroom, school, and district wide. Our goal is to ensure that your child is continuously developing the skills they need for lifelong success.

In conjunction with the DESSA Student-Self Report, our Life-Ready lessons from Leader In Me will provide learners with explicit instruction of skills and multiple opportunities for practice. Enclosed in this guide, you will find grade level lessons outlined, learner objectives, vocabulary, and the link to our OASD Graduate Profile indicators.

Thank you for your continued partnership in developing the skills of our learners in balancing various life aspects including their academic, emotional, social, and physical well being.

Respectfully,



John Flannery
Director of Curriculum and Instruction



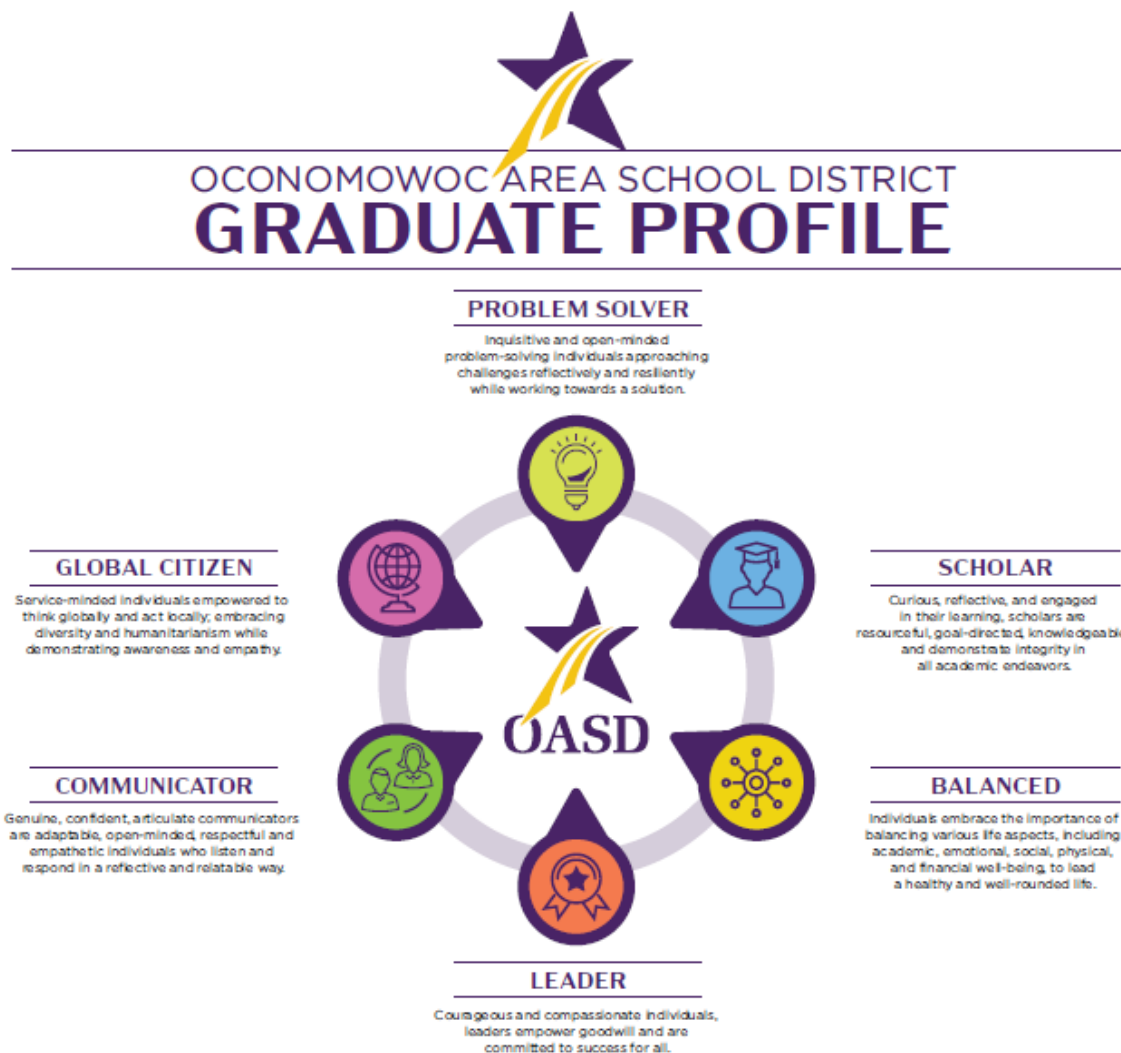
Dyanna Kadrich
Director of Student Services



Kim Schiefelbein
Universal Design for Learning, 4K-12

LIFE-READY VISION:

The Oconomowoc Area School District is focused on developing safe and welcoming learning environments for all students, while providing opportunities for individual students to develop the skills and habits to be **leading members of the community who are career and college ready.**



RACCOON PREP: 9TH GRADE

Leader In Me: Units and Lessons	Learner Outcomes	Vocabulary	Graduate Profile S-Scholar, C-Communicator, PS-Problem Solver, B-Balanced, G-Global Citizen, L-Leader					
			S	C	PS	B	G	L
Racoon Prep Introduction Lesson: Lesson 1: <ul style="list-style-type: none"> Core Values Module 1-Your Habits Your Life Module 3-Overview of Seven Habits, 	Learners will discuss what it means to be grounded, committed, and accountable personally and as an Oconomowoc learner. <ul style="list-style-type: none"> Discuss the values and habits they have in their own lives. Discuss and preview the Seven Habits of highly effective people. 	Grounded Committed Accountable Habits	✓	✓	✓	✓	✓	✓
Effective Leadership <ul style="list-style-type: none"> Module 2-Everyone Is A Leader Module 5-Paradigms of Change 	Learners will discuss what an effective Leader is, identify leadership skills within themselves, and explore how our thinking impacts our actions. <ul style="list-style-type: none"> Share personal leadership experience. Discuss character and contribution as leaders. Explore how changing our thinking can help us change our habits. 	Character Contribution Paradigm	✓	✓			✓	✓
Habit 1: Be Proactive (You're in Charge!) <ul style="list-style-type: none"> Module 7-Be Proactive 	Learners will explore proactive vs. reactive choices when making decisions. <ul style="list-style-type: none"> Discuss what it means to be proactive. Explore ways to pause and think before reacting. 	Proactive	✓		✓	✓		✓
Habit 1: Be Proactive (You're in Charge!) <ul style="list-style-type: none"> Module 9-Choose Your Weather 	Learners will understand that we can choose to be proactive or reactive in how we respond in a variety of situations. <ul style="list-style-type: none"> Discuss characteristics of proactive and reactive people. Role play proactive and reactive responses to given scenarios. 	Proactive Reactive	✓		✓	✓		✓

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Habit 2: Begin with the End in Mind <ul style="list-style-type: none"> Module 14: What matters most? 	Learners will explore defining their vision and purpose in life. <ul style="list-style-type: none"> Identify the life they want to live based on what matters most to them personally. 	Goals Purpose	✓ ✓	✓		✓	✓	✓
Habit 2: Begin with the End in Mind. <ul style="list-style-type: none"> Module 18 Short Term Goals 	Learners will explore short term goals that contribute to defining their vision and purpose in life. <ul style="list-style-type: none"> Discuss the difference between life goals and short term goals. Discuss the need for specific and measurable short term goals. 	Vision Purpose Goal	✓	✓	✓	✓		✓
Habit 3: Put First Things First <ul style="list-style-type: none"> Module 19- Live with Integrity 	Learners will discuss how Putting First Things First develops habits and disciplines that help us reach our goals. <ul style="list-style-type: none"> Discuss the importance of doing the most important things first. Identify roadblocks that can get in the way of doing what you know is most important. Discuss how integrity (doing the right thing in a reliable way) helps us reach our goals. 	Integrity Roadblocks	✓	✓	✓	✓		✓
Habit 3: Put First Things First <ul style="list-style-type: none"> Module 23-Organize Your Stuff 	Learners will discuss what it means to be efficient and explore organizational strategies that work for them. <ul style="list-style-type: none"> Describe what it means to be efficient. Discuss and reflect on what organizational strategies work best for you. Identify obstacles that get in the way of being organized. 	Efficient	✓	✓	✓	✓	✓	✓

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Habit 4: Think Win Win <ul style="list-style-type: none"> Module 25- Think Win Win 	Learners will understand that more than one person can win in life; no one has to be a loser. <ul style="list-style-type: none"> Explore the 5 paradigms of human interaction: win-lose, lose-win, win, and win-win or no deal. 	Paradigm Win-win Cooperate	✓	✓	✓	✓	✓	✓	
Habit 4: Think Win Win <ul style="list-style-type: none"> Module 26 Emotional Bank Account 	Learners will understand what an emotional bank account is and how we either make deposits or withdrawals with ourselves and others.	Emotional deposits Emotional withdrawals	✓	✓	✓	✓	✓		
Habit 5: Seek First to Understand, then to be Understood <ul style="list-style-type: none"> Module 30 Attentive Listening 	Learners will explore what it means to be an active listener. <ul style="list-style-type: none"> Define the 5 levels of listening. Discuss the impact of each level of listening. Discuss the importance of verbal and non-verbal cues when listening. 	Attentive Verbal Non-verbal	✓	✓	✓	✓	✓	✓	
Habit 5: Seek First to Understand <ul style="list-style-type: none"> Module 33 I Messages 	Learners will discuss the importance of listening empathically and communicating effectively. <ul style="list-style-type: none"> Review “I” and “You” messages. Discuss effective communication tools. Discuss the elements of I messages and practice using “I” statements. 	Communication Empathically	✓	✓	✓	✓	✓	✓	
Habit 6: Synergize <ul style="list-style-type: none"> Module 34- Together Is Better 	Learners will understand how working together can help us achieve our goals. <ul style="list-style-type: none"> Discuss the meaning of synergy or team work. 	Synergy Interdependent	✓	✓	✓	✓	✓	✓	
Habit 6: Synergize <ul style="list-style-type: none"> Module 36- Complementary Teams 	Learners will explore how complementary teams optimize individuals’ strengths and make their weaknesses irrelevant. <ul style="list-style-type: none"> Define the meaning of a complementary 	Strengths Complementary	✓	✓	✓	✓	✓	✓	

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	team. <ul style="list-style-type: none"> Discuss the correlation between trust and cooperation. Discuss the benefits and challenges of seeing and optimizing others' strengths. 							
Habit 7: Sharpen the Saw <ul style="list-style-type: none"> Module 39-Balance is Best Celebration, Reflection, Feedback 	Learners will learn how living a balanced life means staying current with the challenges, changes, and events of life. <ul style="list-style-type: none"> Discuss how the 7 Habits help us contribute to the global community. Discuss the need for balance in self. 	Balance Global Community	✓	✓	✓	✓	✓	✓