August XC Practice Schedule

```
8/18 - 8:00am - 10:00am @ NHI

8/19 - 8:00am - 10:00am @ NHI

8/20 - 8:00am - 10:00am @ NHI

8/21 - 8:00am - 10:00am @ NHI

High School Only Picture Day, 2:30 @ OHS

8/22 - 8:00am - 10:00am @ NHI

8/23 - 8:00am - 10:00am @ NHI

8/25 - 3:00pm - 5:00pm @ NHI

8/27 - 3:00pm - 5:00pm @ NHI

8/28 - 3:00pm - 5:00pm @ NHI
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8/29 - 8:00am - 10:00am @ NHI 8/30 - 8:00am - 10:00am @ NHI

9/1 - No Practice