

2025 SLI Track & Field Calendar

Last Revised: May 5, 2025

8th Grade Boys Coach: Matt Howe Howem@oasd.org
 8th Grade Girls Coach: Ted Schmidt Schmidt@oasd.org
 7th Grade Boys Coach: Mary Williams Williamsm@oasd.org
 7th Grade Girls Coach: Cindy Bourdo Bourdoc@oasd.org

Long Distance Running, Shot Put & Discus
 Relay Hand-Offs, Sprints & High Jump
 Sprints, Long Jump & Triple Jump
 Middle Distance Running & Hurdles

May

Monday	Tuesday	Wednesday	Thursday	Friday
			1 John Kyle Invitational Postponed (Due To Poor Weather)	2 No Practice On Fridays
5 Quad Home Meet Oconomowoc HS All 7 th & 8 th Athletes Bus Leaves At 2:20 Meet Begins at 4:00	6 Practice (300-430)	7 Cottrell Relays Mukwonago HS 7 th & 8 th Girls Bus Leaves at 2:15 Meet Begins at 3:30	8 Cottrell Relays Mukwonago HS 7 th & 8 th Boys Bus Leaves at 2:15 Meet Begins at 3:30	9 No Practice On Fridays
12 No Practice Teacher Meeting	13 Practice (300-430)	14 Jr Parkland Conference Meet Oconomowoc HS All 7 th & 8 th Athletes Bus Leaves At 2:20 Meet Begins at 4:00	15 Butler Invitational Is Cancelled Practice (300-430)	16 No Practice On Fridays
19 No Practice Rest Day	20 John Kyle Invitational Oconomowoc HS All 7 th & 8 th Athletes Bus Leaves At 2:20 Meet Begins at 4:00	21 8 th Grade Practice (300-430) 7 th Grade Practice Is Optional (No More 7 th Grade Meets)	22 No Practice Day Before A Break	23 No Practice On Fridays
26 No Practice No School	27 8 th Grade Practice (300-430) 7 th Grade Practice Is Optional (No More 7 th Grade Meets)	28 Wisconsin Hills Meet Brookfield Central HS 8 th Grade Athletes Bus Leaves At 2:15 Meet Begins at 4:00	29 Season is over for Everyone	30

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N | <ol style="list-style-type: none"> 1. Be At Practice/Meet Every Day 2. If You Cannot Be At Practice, For Any Reason, You Must Email Your Coach Prior To Practice Time. 3. If You Cannot Be At A Meet, For Any Reason, You Must Email Your Coach 10 Days Prior To The Meet Day (Unless There Is An Emergency) Event Placements Are Due More Than One Week In Advance. 4. Be A Positive, Hard-Working Teammate Who Is Supportive of His/her Teammates, Coaches, Referees and Opponents. 5. Realize That Playing Time / Event Choice Is Earned Through Your Work Ethic, Attendance, Attitude, Hustle And Ability. 6. Academics Comes First... You Must Have Your Work Turned in In All Of Your Classes And Have A Passing Grade In Each Class. 7. You Must Be Well Behaved In School (Classrooms, Hallways, Playground, Restrooms, On The Bus... Everywhere). 8. Be At School... Attendance Is Important. |
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