

2020-2021 OASD ILLNESS GUIDELINES

Updated 08/25/2020

We strongly encourage you to monitor your child's health continually. It is important to be mindful of any illness symptoms that your child may have BEFORE sending them to school. The guidelines listed below will help you decide to send your child to school or keep them home. Please call your child's school attendance line to excuse your child from school and communicate symptoms of illness to the attendance staff or the health room assistant. These guidelines will help us monitor and prevent outbreaks. Health information shared is kept confidential.

If symptoms of an illness appear while your child is at school, the health room assistant, in collaboration with the District Nurse, will determine if your child should remain at school based on the guidelines listed below. Guidance and recommendations at the federal, state, and local levels are continuously changing; please note that the following guidance is also subject to change.

COVID-19

The following symptoms could indicate a COVID-19 infection. Students displaying any of the following symptoms that are new or not normal for your child this time of year, and not attributed to a health condition will NOT be allowed in school. Your student is considered symptomatic if they have one of the symptoms marked with a (*) or two of the other symptoms above baseline for them:

- Cough*
- Shortness of breath or difficulty breathing*
- New loss of taste or smell*
- Congestion or runny nose
- Fever (100.4 or greater) or chills
- Nausea or vomiting
- Diarrhea
- Headache
- Fatigue
- Muscle or body aches
- Sore throat

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Declaracion de Traducccion: *Estamos trabajando diligentemente para traducir nuestros documentos al español. Por favor comuníquese con la escuela de su hijo para aclaración. Si todavía necesitas aclaración, por favor comuníquese con Translate@oasd.org.*

Nondiscrimination: *The Oconomowoc Area School District provides assurance that no student is discriminated against because of the student's sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability.*

Not everyone with COVID-19 displays all of these symptoms. For many, symptoms are mild, with no fever. It is important to know that you can still transmit the virus to others even if you have mild symptoms or no symptoms at all. Additionally, if your child has a fever, diarrhea, OR vomiting **ALONE**, you should keep your child home for at least 24 hours or until symptoms resolved.

RETURNING TO SCHOOL

1. Students who have stayed home or been sent home due to potential COVID-19 symptoms but have NOT BEEN TESTED for COVID-19 may return to school with/when:
 - With a note from the student's medical provider documenting that symptoms are not related to COVID-19 and symptoms have improved. If a medical provider determines that your student is ill with something other than COVID-19 (like the flu or hand, foot, and mouth) then you should follow the medical provider's guidelines for exclusion requirements for that disease or illness.
 - OR-
 - At least ten days have passed since symptoms began, AND the student has not had a fever for at least 24 hours without the use of fever-reducing medications, AND all other symptoms have improved.
2. Students who have stayed home or been sent home due to potential COVID-19 symptoms and have tested NEGATIVE for COVID-19 result may return to school with a note or documentation from their medical provider supporting the negative test result. If a medical provider determines that your student is ill with something other than COVID-19 (like the flu or hand, foot, and mouth) then you should follow the medical provider's guidelines for exclusion requirements for that disease or illness.
3. Students who had symptoms and tested POSITIVE for COVID-19 should consult the District Nurse for guidance on return to school. These students may return when:
 - At least ten days have passed since symptoms began, AND the student has had no fever for at least 24 hours without the use of fever-reducing medications, AND all other symptoms have improved.
4. If student DID NOT have symptoms but tested POSITIVE for COVID-19, the student may return to school when:
 - At least ten days have passed since the first positive test, and the student has continued to have no symptoms

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NON-COVID RELATED ILLNESSES AND SYMPTOMS

Rash

- If your child has an unusual rash and/or includes a fever, keep your child at home until you have discussed the rash with your doctor or health care provider.

Contagious/Nuisance Diseases

- If your child has been diagnosed with a contagious illness, such as Strep Throat, Impetigo, Bacterial Pink Eye, Bacterial Bronchitis, etc., he/she may return to school after 24 hours of treatment with an antibiotic.
- If your child has been diagnosed with a vaccine-preventable illness, such as Chicken Pox or Pertussis, keep your child home and contact the district nurse. Children will be allowed to return once no longer contagious and cleared by a medical provider.
- If your child has been diagnosed with a nuisance infestation/disease, such as Head Lice, Scabies, Ringworm, he/she may return to school after treatment.

Pain

- *Earache:* A child may come to school with a mild earache, if he/she feels well enough to concentrate. Consult your physician if fever and/or pain accompany earache is severe.
- *Other pain:* A child with pain from an injury, menstrual issues, or chronic pain may return to school when they are well enough to participate. If your child requires medications to manage their pain while at school, discuss with the district nurse.