

March 11, 2020

Dear OASD Staff and Families,

As you prepare for the upcoming Spring Break, many of you may be wondering if the recent developments of the Coronavirus (COVID-19) have an impact on your travel plans.

Currently, the Oconomowoc Area School District (OASD) is following the Centers for Disease Control (CDC) guidelines for COVID-19 and will continue to monitor developments. Additionally, the District is following the CDC and local health department guidelines and recommendations for travel.

While many businesses have initiated travel restrictions, as families you will all make your own decisions on travel. The CDC has several Warning Level 3 areas, which states that travelers avoid all non-essential travel to those areas. We are requesting that families and employees follow the CDC recommendations, which may include self-quarantine, depending on the region of the world visited. If you are traveling to an identified at-risk region, you will need to follow the CDC guidelines upon your return. **The CDC and the World Health Organization are monitoring and updating travel alerts daily. Please understand that visiting certain areas with a level 2 or 3 travel warning, or traveling on a cruise ship, may require contact limitations and/or quarantine upon return.**

- <https://www.cdc.gov/>
- <https://wwwnc.cdc.gov/travel/>

The links below will help provide additional information about travel concerning COVID-19, as well as providing answers for COVID-19 travel frequently asked questions.

- <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/travelers/faqs.html>

Please be mindful that advisories are ever-changing at this point and continue to check the CDC website frequently to determine if a warning has been issued that may impact your travel plans.

In addition to following the CDC guidelines, we will work with local health departments to assist with guidance. If at any point, you have concerns about exposure to illness based on your travel, it is advised to contact your local health department to discuss further precautions to take.

- <https://www.waukeshacounty.gov/publichealth>
- <https://www.jeffersoncountywi.gov/departments/health/index.php>
- <https://www.co.dodge.wi.gov/government/departments-e-m/human-services-health-department>

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There is always a risk of exposure to illness while traveling domestically or internationally. If you travel, take the following routine precautions:

- Avoid contact with sick people.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Clean your hands often by washing them with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

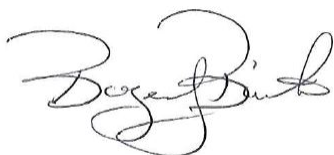
The support and assistance of our school community when working to contain infectious diseases is vital. Teaching the foundations of healthy hygiene habits in the home and at work or school, self-reporting illness, and keeping sick individuals at home are essential elements in the success of containing infectious disease within a community. As a reminder, please continue to refer to the OASD illness guidelines when determining to keep your child home from school based on illness.

The OASD will share information and updates regarding COVID-19 in as many ways as possible to ensure families and the community have access to the information. In addition to the text, voicemail, and email updates that our families will receive, we also share information in these locations:

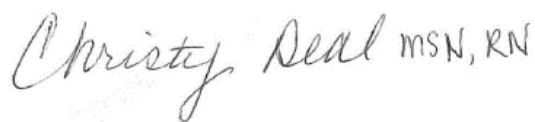
- <http://www.oasd.org/Emergency>
- Facebook: [@oconomowocschools](#)
- Twitter: [@oconschools](#)
- Instagram: [oconomowocschools](#)
- With local media organizations

The District will continue to communicate updates as updates are available. Because this situation continues to evolve very rapidly, at the end of OASD's Spring Break week we will send additional communication to all families and staff that will include the most current travel destinations, both within the United States as well as international locations, that will require self-quarantine per CDC guidelines before returning to OASD school sites. Please follow the OASD on social media to ensure you receive urgent or emergency updates.

Sincerely,



Roger J. Rindo, Ed.D.
Superintendent



Christy Deal, MSN, RN
Director of Nursing Services

Oconomowoc Area School Illness Guidelines

Please call your child's school attendance line to excuse your child from school and communicate symptoms of illness to the attendance staff or the health room assistant. This helps us monitor and prevent outbreaks. All names of students are kept confidential.

FEVER

- A child with a temperature of 100.4 degrees Fahrenheit or higher should not be sent to school. A child needs to be fever-free for 24 hours without the use of fever-reducing medication (such as Tylenol, Ibuprofen) before returning to school.

STOMACHACHE, VOMITING, DIARRHEA

- A child who is vomiting should be kept at home until symptoms have resolved for 24 hours and the child is able to keep down food and liquid.
- Children with diarrhea that is not associated with an on-going medical issue should be kept home until symptoms has resolved for 24 hours.
- Consult your doctor if your child has a stomachache that is persistent or severe enough to limit activity.

COUGH, SORE THROAT, RUNNY NOSE

- *Severe cough and cold symptoms* (including a hacking cough, a very runny nose, and/or thick, colored nasal drainage): child should stay home, even without a fever.
- *Mild cold or respiratory symptoms* (including clear nasal drainage and mild cough): child may go to school.
- *Sore throat, with no other symptoms*: child may go to school.
- *Sore throat, with a fever, rash, and/or white spots on the back of the throat*: child should stay home and be seen by a doctor or health care provider.

RASH

- If your child has an unusual rash and/or it is associated by a fever, keep your child at home until you have discussed the rash with your doctor or health care provider.

CONTAGIOUS/NUISANCE DISEASES

- If your child has been diagnosed with a contagious disease, such as Strep Throat, Impetigo, Bacterial Pinkeye, Bacterial Bronchitis, etc., he/she may return to school after 24 hours of treatment with an antibiotic.
- If your child has been diagnosed with a nuisance infestation/disease, such as Head Lice, Scabies, Ringworm, he/she may return to school after treatment.

PAIN

- *Earache*: A child may come to school with a mild earache, as long as he/she feels well enough to concentrate. Consult your physician if it is accompanied by a fever and/or pain is severe.
- *Headache*: A child whose only complaint is a headache may be sent to school, as long as he/she feels well enough to concentrate.