



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**FREE  
COMMUNITY  
EVENT!**

# FAMILY FIELD DAY

**SEPTEMBER 26 • 5:00 - 7:00 PM**

## **RACE, PLAY & HAVE FUN!**

Spend time as a family at the YMCA at Pabst Farms Family Field Day. With partner races, team races, games, activities and dance breaks, there's an opportunity for everyone in the family to be active.

**Drop in at Miracle Field to join the fun!**

## **MAIN STAGE EVENTS INCLUDE:**

- Sack Races
- Water Relays
- Beach Ball Partner Race
- 3 Legged Race
- Team Hoola Hoop Pass
- Limbo
- Dance Breaks